

# CALIFORNIA WILD RICE

# Newsletter

Issue No. 7

May/June 2021

## CA GROWN UPDATE

CA Grown has developed a California Rice Pudding recipe featuring California Wild Rice! This recipe (pictured below) was featured in CA Grown's most recent blog post and will be posted on CA Grown and Cal Wild Rice social platforms. To access the blog post, please click [here](#). Check out the full recipe in the 'Recipe Corner' corner section of this newsletter.



## 2021 ACREAGE REPORTS

Thank you to everyone for sending in your 2021 Wild Rice Acreage Reports. If you have not already sent in your 2021 Acreage Report, please access a blank report [here](#). You can either print and mail back to the Advisory Board or email a scanned copy to [eoliver@calwildrice.org](mailto:eoliver@calwildrice.org). If you would like to fill out the report electronically, please access it through our website [www.calwildrice.org](http://www.calwildrice.org) by clicking on the tab entitled 'Acreage Report.' The password to access a blank form is **CWRABacreage2021**. The 2021-2022 Assessment Rate has been set at \$10 per harvested acre.

## RESEARCH UPDATE

At the annual CWRAB Board of Directors Meeting held on May 14th 2021, the Board approved the following research projects for the 2021-2022 Fiscal Year:

TOPIC	LEADERS	AMOUNT
Breeding Wild Rice for Enhanced Production in California	Dr. Charlie Brummer	\$1,000
Wild Rice Herbicide Plot Testing	Dr. Whitney Brim-DeForest	\$1,500
Land IQ Acreage Confirmation and Mapping	Land IQ	\$2,500
<b>FISCAL IMPACT</b>		<b>\$5,000</b>

These three research projects are all a continuation of prior research from the previous fiscal year. If you would like a copy of 2020-2021 Final Reports for these projects, please email Program Supervisor Elise Oliver at [eoliver@calwildrice.org](mailto:eoliver@calwildrice.org)

## CAL/OSHA UPDATES ON REGULATIONS FOR EMPLOYERS AND SUPERVISORS

The Cal/Osha Emergency Temporary Standards (ETS) for COVID-19 was updated on June 17th and become effective immediately through an executive order signed by Governor Gavin Newsom. Cal/Osha will be hosting a series of free, two-hour webinars to discuss the updated changes to the ETS for employers. See below for dates and registration information:

- Tuesday, June 22nd, 9 a.m. to 11 a.m. [Click here to register](#)
- Friday, June 25th, 1 p.m. to 3 p.m. [Click here to register](#)
- Tuesday, June 29th, 1 p.m. to 3 p.m. [Click here to register](#)
- Thursday, July 1st, 9 a.m. to 11 a.m. [Click here to register](#)

**STATE WATER RESOURCES CONTROL  
BOARD (SWRCB) RUSSIAN RIVER  
WATERSHED EMERGENCY REGULATION**

On June 16th, the SWRCB unanimously passed an emergency regulation that will implement curtailments in both the Upper and Lower Russian River Watersheds to ultimately protect water supplies and threatened and endangered fish in the Watershed. Although the SWRCB does not view Agricultural water use as unnecessary, they do believe that human/fish health and safety is the current priority. The SWRCB noted that this regulation is not necessarily indicative of what will happen with other Watersheds. CWRAB staff will update the industry if changes in regulations are implemented in other Watersheds.

To view the SWRCB's press release regarding actions taken, please access it [here](#). Also, please click [here](#) to view a statement regarding water availability for Delta water right holders.

**CALENDAR OF EVENTS**

- **OFFICE CLOSED- Independence day**
  - July 5, 2021
- **United Fresh Washington Conference, Washington, DC**
  - September 20-22, 2021
- **Produce Marketing Association (PMA) Fresh Summit, New Orleans, LA**
  - October 28-30, 2021

*Some events are being held virtually. Please contact the CWRAB office for more information.*

**CALIFORNIA  
WILD RICE**

**California Wild Rice**

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**RECIPE CORNER**

*California Rice Pudding with Wild Rice*

Ingredients

- 12 cups water
- 1/2 cup California Wild Rice
- 1/2 cup short-grain brown rice
- 1/2 cup maple syrup
- 4 cups pistachio milk
- 1/2 vanilla bean seeds scraped from pod or 1/2 tablespoon vanilla bean paste or extract

To serve

- fresh raspberries
- toasted almonds

Instructions

- In a large saucepan, bring the water to a rolling boil. Add the wild and brown rice. Lower the heat, cover and cook gently for 40-50 minutes, until tender. Drain the rice and return it to the pan.
- Add the maple syrup and 3 1/2 cups of the pistachio milk to the rice, bring to a boil.
- Combine the cornstarch, salt, and the remaining 1/2 cup pistachio milk, stirring to combine completely. Add the cornstarch mixture to the rice and return to a boil. Reduce heat, cover partially and cook very gently over low heat, stirring often for 40-45 minutes more or until very thick and creamy. Stir in the vanilla extract.
- Serve warm or cold with fresh berries and toasted nuts. Store any leftovers in the refrigerator for up to 3 days.

*Find us on social media!*



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